

# Guidance Quarterly Newsletter

## 3<sup>rd</sup> Quarter

Guidance Counselors

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### Upcoming Events

#### March 17

Cardinal Citizenship Club  
Social (Responsibility)

#### March 20

Middle School Registration  
begins

#### April 17 - 21

Career Fair Week

#### April 28

Cardinal Citizenship Club  
Social (Trustworthiness)

## North Carolina Elementary School

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Hello Cardinal Family,

As the 3<sup>rd</sup> quarter winds down, we are gearing up for the amazing activities that will take place as the school year comes to an end. Additionally, we have seen tremendous growth in many of our students and anticipate continued progress and success throughout the remainder of the 3<sup>rd</sup> quarter and school year.

## What's Happening in Guidance...

Character education remains at the forefront of our comprehensive school counseling program. Through bi-weekly classroom guidance lessons, we provide valuable information and stimulating activities that correlate with the topic we're discussing. Topics have included:

August – What is a school counselor?

September – Have You Filled a Bucket Today?

October – Bully Prevention

November – Conflict Resolution/Anger Management

December – Gratitude/Compassion

January – Honesty

February – Fairness

March – Responsibility/College & Career Readiness & Exploration

Beginning this month, we will be discussing Responsibility. Teaching children to be responsible early can lead to them being very responsible, trustworthy adults. Responsibility means doing the things you are expected to do and accepting the consequences of your actions. It may also include going above and beyond what's expected of you, even when you may not get recognition for it. Additionally, when you make a mistake, you will admit your mistake, apologize for it, and most importantly, fix it.

C.A.R.E. Conduct, Achievement, Responsibility, Effort

### Second Quarter Guidance Awards

The following classes were presented with the Guidance Award during the Second Quarter Awards Assembly for their exemplary participation and behavior. Awesome job!

K – Ms. A, Mr. B

1st – Ms. C, Mrs. D

2nd – Mrs. E, Mr. F

3rd – Ms. G, Mrs. H

4th – Mrs. I, Mrs. J

5th – Ms. K, Ms. L



## Important Counseling News

### Cardinal Citizenship Club

The first social for the Cardinal Citizenship Club (CCC) was held on February 17, 2017 and it was a total success! Thank you to all the parents who were able to join us in celebrating your children for consistently demonstrating Honesty or Fairness. We'd also like to give a special thank you to Mrs. Byrd for assisting us with passing out the treats to the students! Our next CCC social will be held on March 17 and will celebrate the students who display Responsibility. We hope every student will strive to become a member of the CCC!

### Group Counseling

Brief, solution-focused group counseling sessions in school is greatly beneficial because it provides a sense of community, promotes cooperative learning, and improves social skills among students.

We have been conducting our Anger Management/Conflict Resolution group and will be wrapping it up in the coming weeks. Starting in April, we will begin holding sessions for a new group:

- Girls' Empowerment Group

There has been a lot of interest shown for this group and we're looking forward to helping our female 4<sup>th</sup> and 5<sup>th</sup> grade students with issues such as peer pressure, self-esteem, and transitioning into their teenage years.

Parents, teachers and staff may recommend female students until **March 31, 2017**. Please call us at 336-555-1234 or email us to recommend a student. There is limited space available, so please contact us by March 31 to ensure your student can be screened for the group. The group will start the week of April 3, 2017 and will last through the end of the school year.

### Middle School Registration

The time is almost here for our 5<sup>th</sup> grade students to register for middle school! We will begin the registration process with students the week of March 20, 2017. After families receive their Middle School Assignment Letters from the district's Student Assignment Office on or about March 28, registration cards will be sent home for parents to review, sign, and return to Guidance. This is an exciting time for our students and there may be many questions, so please feel free to contact us at any time with questions about registration by email or by phone.

### Career Fair

NC Elementary will be holding our annual Career Fair from April 17-21, 2017. This is a special event for our students and staff where we assist the students with becoming college and career ready in the 21<sup>st</sup> Century. Each day we will celebrate a theme, such as Dress for Success Day and College Day; and on April 19, we will have special vendors and presenters from a variety of careers and backgrounds in the gym and media center to interact with, and answer questions from, our students.

During the last two weeks of March in preparation for the Career Fair, we will be holding guidance lessons with the students that explore college and career readiness.



## Resource Corner

### Book

It's Not Fair!  
by Anita Harper

### YouTube Video

Pinocchio -  
<https://youtu.be/aewbOIGXv6s>

### Website

Goodcharacter.com -  
<http://www.goodcharacter.com/ISOC/Honesty.html>

### Community

First Line of Forsyth Co.  
[www.firstline.ws](http://www.firstline.ws)  
Provides information on organizations that provide services in health, welfare, support, recreation, education, or advocacy.

## Spring Break

School will be closed from April 11-14, 2017 in observance of Spring Break and Easter. Enjoy this extra time with family and friends & we'll see you bright and early on April 17!

